

## Upcoming Programs for FALL

Check out our fall Brochure August 1st on our website or pick one up at the Community Center



Youth Soccer  
Youth Gym  
Kids Creations  
Play Group  
Senior Exercise  
Grade 5-8 Programs  
Annual Spaghetti Dinner  
Climbing Wall Nights  
Halloween Dance  
Holiday Craft Fair



### 4th of July Concert

Meredith Parks and Recreation presents  
*Occasional Brass and Strings & Amy McCabe*  
at Hesky Park July 4th at 7:00PM.  
Come watch the show and stay for fireworks  
Bring your blankets!



### Birthday Party Package

Looking for the perfect place to have your child's Birthday Party?  
Let your kid go wild at the Meredith Community Center Gym!

Package includes a two hour block (plus additional time to set up and clean up). You can get the Climbing Wall, Jumpy House or both! Kids get to run around the gym and use any and all equipment in the closet. Equipment includes scooters, basketballs, dodge balls, hula hoops, and much more.

Price: Meredith Resident: \$100 Non Meredith Resident: \$150  
(\$30 fee for additional activity)

**Call today to book your party.**

Forms are available at the Community Center and at  
[www.meredithnh.org](http://www.meredithnh.org)



**2012 Summer Brochure**  
**603-279-8197 [www.meredithnh.org](http://www.meredithnh.org)**



**Meredith Parks  
& Recreation  
Department**





## Mission Statement

The main goal of the Meredith Parks & Recreation Department is to provide recreational and leisure activities for the community at large, and for people of all ages. This is accomplished by working with the schools, Senior Center, commercial establishments, and community volunteers to create organized programs and self-guided recreational opportunities.

### **Community Center Hours**

Monday—Friday: 8:00am—8:00pm

Saturday: 9:00am—1:00pm

### Important Phone Numbers

Community Center	279-8197
Town Hall	279-4538
Waukewan Beach	707-2558
Glenn Hart Skate Park	279-3479
Public Library	279-4303
Senior Center	279-5631
Police Department	279-4561

#### **Inter-Lakes Youth Soccer**

Michele Downs	279-5131
Beth Hamblet	279-8403

#### **Cal Ripken Baseball**

Jim Sheehan	279-1409
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#### **Inter Lakes Youth Softball**

Kim Durand	279-2295
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#### **Bill Lamper Basketball**

Tom Gintoff	279-5582
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#### **Parks & Recreation Director**

Vint M. Choiniere, CPRP

#### **Program Coordinator**

Erica Burnham

#### **Maintenance Crew Chief**

Russell Weeks

#### **Town Manager**

Phillip J. Warren

#### **Board of Selectman**

Peter Brothers  
 Miller Lovett  
 Herb Vadney  
 Carla Horne  
 Nate Torr

### **PROGRAMS AND EVENTS:**

In this brochure you will find the upcoming programs and events for the Meredith Parks and Recreation Department. You may also find this on our website [www.meredithnh.org](http://www.meredithnh.org)

If you have any comments or ideas for new programs please let us know. We are always looking for ways to improve our programs. You may contact Erica by phone 279-8197 or email

## Summer Drop In and Family Time

**Students Grades 7-12 & Families:**  
**Activity Center and Game Room** Fridays 5:30-8pm  
**Game Room Only:** Monday-Friday 5:30-8pm  
**Activity Center and Game Room:**  
 Saturday 9:00AM-1:00PM

Various equipment available for Activity Center use at the front desk.

**A registration form is REQUIRED before anyone can participate in drop in times**

Drop In times may vary—Please check the website or call.

Students entering grades 7-12 need a registration form on file, signed by a parent. You will be asked to leave if no form is on file.

Forms can be picked up at the CC front desk.

**All drop in times are subject to change**  
**Summer Drop In Schedule will be available on our Website.**  
[www.meredithnh.org](http://www.meredithnh.org)

### Friends of Meredith Parks and Recreation (501c3 Nonprofit)

The Friends of Meredith Parks and Recreation is a group of community volunteers dedicated to preserving the overall quality of life that Meredith provides. In assisting the Parks and Recreation Department, they focus on designating key projects and areas of improvement throughout the town and help raise the necessary funds and resources from residents, merchants and local service providers within the community.

#### **The Friends group is looking for new members!**

If you are interested in joining this group, please email Sarah at [sperkings@meredithnh.org](mailto:sperkings@meredithnh.org)

## Movies in the Park

Brought to you by The Friends of Meredith Parks and Recreation and The Parks and Recreation Department. Enjoy movies from the comfort of your lawn chair! Concessions will be sold and all profits will benefit programs for local youth.

**When:** Friday July 20th and Friday August 10

**Who:** All Ages    **Movie Titles:** TBA

**Where:** Prescott Park Meredith (off Daniel Webster HW)

**Cost:** Suggested donation: \$2 per person

Movie will start at dusk (8:30ish)



## Family Fun Hesky Concert

New this year—we are combining Family Fun Night and the Street Dance so we are able to bring both to you at one fantastic location! Come enjoy some face painting, arts and crafts, jumpy house, games and much more followed by the FABULOUS local band “City Limits”

**Who:** Everyone!

**Where:** Hesky Park

**When:** Friday August 3rd 2012

**Time:** 5:30-9

Family Fun events start at 5:30 and the band starts jammin’ at 6:30!



## Touch The Trucks!

Join us for our first annual Touch-the-trucks event! This event provides a unique opportunity for children to explore vehicles of all types – public service, emergency, utility, construction, delivery, and those that are just plain cool – all in one place.

**Who:** All ages!

**When:** Saturday July 21st

**Time:** 10am - 2pm

**Where:** Prescott Park

**Cost:** \$5 per person (ages 2 and under are free)  
\$20 Family rate

Concessions will be available throughout the day as well as games, activities, face painting and much more!

## REGISTRATION INFORMATION

Registration Forms can be found at the Community Center or at [www.meredithnh.org](http://www.meredithnh.org)

- Payment is due at the time of registration.
- Review this brochure thoroughly and make note of registration deadlines.
- A late registration fee of \$10 for RES/NON RES will be applied if registering after deadline: You will only be accepted if space allows.  
We will not accept anyone after a program has started.
- Meredith residents and taxpayers receive priority in all programs. Non-residents are welcome as space allows.
- Proof of residency may be required.
- Please note that registration for programs that require proof of age may require a copy of birth certificate.
- Please indicate on top of registration form if you do not want your child’s picture taken

### FINANCIAL HELP

The Parks and Recreation Department attempts to keep its fees affordable for all residents. If you have an unusual financial situation that limits participation, please contact the General Assistance Office located at the Meredith Town Hall to request assistance at 279-4538.

### CANCELLATIONS

The Parks and Recreation Department reserves the right to cancel or consolidate any program that does not meet the minimum participant registration requirements.

### REFUNDS

All requests for refunds must be submitted in writing to the Parks and Recreation Department. Refunds are only given if the Parks and Recreation Department cancels the program or for extenuating medical reasons. Refunds will be prorated for medical reasons.

### SERVING THE COMMUNITY

The Parks and Recreation Department and staff provide programs for all members of the community. If you or your child have varying needs due to a disability or medical condition and you need more information, please contact us. We welcome your suggestions and will work with you to meet your needs.

## Parks and Beaches



### **Childs Park**

Located in Meredith Center. Playing field, basketball court, playground, and ice skating rink. Public restrooms are available.

### **Circle Drive Park**

Located on Circle Drive across from the Meredith Community Center. This small 1 acre partially wooded park provides a peaceful setting for picnics. No public restrooms available.

### **Waukewan Highlands Community Park**

Located off Parade Road, Route 106. 190 acre managed forest, 3 miles of trails maintained for hiking, jogging, mountain biking, snow shoeing, cross country skiing, and horseback riding. Also includes an interpretive trail. Hart's Pond is the centerpiece of the area and once served as Meredith's reservoir. Camping and motorized vehicles prohibited. Park closes at dusk. No public restrooms available.

### **Swasey Park**

Located on High Street off Main Street. Peaceful 7-acre wooded park, waterfront on the Waukewan Canal, picnic area, and great place to explore nature. No public restrooms available.

### **Prescott Park**

Located on Daniel Webster Highway, Route 3 N. Lower Prescott Park: Tot lot playground, basketball court, baseball diamond, softball fields, batting cage, ice-skating rink and skate park. Upper Prescott Park: tennis courts, soccer fields, baseball diamond, walking loop .43miles/lap. Public restrooms are available at both Upper and Lower Prescott Park. Parking for upper park located at ILES and ILHS. Park can be accessed by the North and South trails. Public restrooms available seasonally.

**HIKING MAPS ARE AVAILABLE  
ONLINE AND AT THE MEREDITH  
COMMUNITY CENTER**

# Camp Can Do CAMP

### **Packets and Calendars are available at:**

The Meredith Community Center and [www.meredithnh.org](http://www.meredithnh.org). Children will have the opportunity to participate in both active and passive games, cooperative activities, arts and craft projects.

### **First weeks payment is due with registration**

**When:** 9:00am-4:00pm (Early drop off 7:30am Late pick up 5:30pm)

**Who:** Kids entering grades 1-8 for 2012/2013 school year

**Dates:** June 25 — August 17 (8 weeks)

**Days:** Monday through Friday (except July 4)

**Location:** Meredith Community Center

(Special drop off days at Leavitt Beach, see calendar)

**COST:** The following is a weekly price. You must pay the weekly price. If your child is absent you will NOT get reimbursed for that day.

### **There are no daily rates.**

<b><u>Program Fees</u></b>	<b><u>Resident</u></b>	<b><u>Non-Resident</u></b>
<b>FULL DAY <u>9-4pm</u></b>		
1 Child	\$100.00/week	\$150.00/week
2 Children	\$137.00/week	\$187.00/week
3 or more children	\$156.00/week	\$206.00/week
<b>HALF DAY <u>9-12:30</u></b>		
1 Child	\$50.00/week	\$75.00/week
2 children	\$69.00/week	\$94.00/week
3 children	\$78.00/week	\$103.00/week

### **Early drop off fee (7:30am-8:45am)**

\$15.00/week per family

\$20.00/week per family

### **Late pick up fee (4:00pm-5:30pm)**

\$15.00/week per family

\$20.00/week per family

### **WEEKLY ACTIVITY FEES:**

You will notice on your registration form and on your calendar there are weekly trip fees. These fees need to be paid by the FRIDAY prior to the week of the trip. If a trip fee is not paid, your child may not be allowed on that week's field trip. Trip fees are used to cover the cost of transportation, performers and admission prices.

**Find your camp packet at The Community Center or on our website [www.meredithnh.org](http://www.meredithnh.org)**

## Kiddie Camp for ages 4&5

This program is a wonderful way to prepare preschoolers for Kindergarten while enjoying active and passive games, Arts & Crafts and cooperative activities. Children will learn social skills and cooperation in a supportive and fun atmosphere!

**Days:** Mondays, Wednesdays and Fridays

**Dates:** July 9-August 17(Six Weeks)

**Age:** Children ages 4&5 by June 25, 2012

**Deadline:** June 15th

**Time:** 9am-12:00pm

**Where:** Meredith Community Center-Arts and Crafts Room

**Resident Fee:** \$35/week      **Non-Resident Fee:** \$40/week

**Minimum Requirement:** 6 participants

**Please note:** If we do not meet the minimum requirement for this class by June 15 the Parks and Recreation has the right to cancel the program.



Registration Packets can be found at The Community Center or on our website [www.meredithnh.org](http://www.meredithnh.org)

## Theatre Camp

Kids will rehearse and take part in theatre enrichment workshops. They will also enjoy a variety of games and crafts in their down time.

**The students will present their hard work on the last day of camp for family and friends!**



**Ages:** Students who have completed grades K-8

**Dates:** August 20-24

**Time:** 8:30am-3:30pm

**Resident Fee:** \$105.00/week      **Non-Resident:** \$135.00/week

**Registration Deadline:** August 10 or until full. Space is limited

**Location:** Meredith Community Center

This Year's Play *The Sword Called Excalibur*

## BEACH RULES

### NO LIFE GUARDS ON DUTY

- Dogs prohibited.
- Alcoholic beverages prohibited.
- Horseplay will not be tolerated.
- Glass containers prohibited.
- Open fires/coins on beach prohibited.
- A responsible person must supervise children at all times.
- Smoking allowed in designated areas only.
- Be responsible and have fun!

Thank you for helping to keep our beaches clean and safe



### **Leavitt Beach**

Located on Lake Winnepesaukee - Leavitt Park Rd. off Route 25. Beach, picnic area, barbeque grills, and public canoe/kayak launch.

May 28- August 25. Public restrooms and showers available.

### **Waukewan Beach**

Located on Lake Waukewan off Waukewan Street. May 28 — August 25. Public boat launch within walking distance. Public restroom and showers available.

## Tennis Courts

Tennis Courts are located at Upper Prescott Park. There are 6 courts, two are lit for night use.



### **TENNIS COURT POLICY:**

- Courts are available on a first come, first served basis.
- Parks and Recreation sponsored activities take precedence.
- A schedule of above events /activities will be posted at courts
- Play is restricted to one hour per party, if there are others waiting.
- Park closes at 10pm.
- Skateboards, bikes, roller blades are not permitted on courts.
- Players are responsible for picking up their litter and keeping the courts clean.

### **Courts Close for the season November 1st**

### **Parking:**

Parking for individuals with disabilities available at the courts. All others need to park at the Lower Prescott Park Parking Lot or at the Elementary School Parking Lot and access the courts by the north and south trails.

## After School Program

**Grades:** 1 – 8  
**Days:** Monday – Friday  
**Time:** 3:00pm – 5:30pm  
**Location:** The Meredith Community Center

### Program Fees

**Resident fees:**  
1 Child \$35.00/per week  
2 children: \$50.00/per week  
3 or more: \$65.00/per week

**Non Resident fees:**  
1 child \$50.00/per week  
2 children: \$65.00/per week  
3 or more: \$80.00/per week



Children will have the opportunity to do homework as well as participate in active games, arts and crafts, challenge days, field trips and much more. A super fun place to send your children after school!

Check out the After School Packet on our website [www.meredithnh.org](http://www.meredithnh.org) or pick one up at the Community Center today.

## Hershey Track and Field

Created in 1975 the goal of Hershey's Track and Field Games is to introduce children to physical fitness through basic events like running, jumping and throwing.

**Must have a copy of birth certificate with registration.**

**Volunteer Coaches NEEDED**

**When:** Mondays & Tuesdays starting Tuesday May 29-June 19th

**Where:** Inter-Lakes Track 3:15pm-4:30pm

**Who:** Boys and girls 9 -14 years old as of December 31, 2012

**Cost:** \$20 resident \$25 non Resident **DEADLINE:** May 23

**PARENTS ARE RESPONSIBLE FOR TRANSPORTATION OF ATHLETES TO ALL EVENTS.**

**Practice Meet:** Tuesday June 5 @ 4:15pm at the Nick in Wolfeboro

**Practice Meet:** Tuesday June 12 @ 4:15pm at Moultonborough Academy

**Practice Meet:** Tuesday June 19 @ 4:15pm at ILHS

**A coach will meet the kids at the elementary school @ 3:00 and walk them to the track.**

The practice meets will determine which participants will compete in the Regional Hershey Youth Track and Field Meet in July. If you are a top six finisher in your event at the regional meet you will have the opportunity to compete at states in Manchester.

**Dates for States and Regional's TBA**

## Indoor Volleyball Grades K-5

**Ages:** K-5th grade Boys and Girls  
**Dates:** May 15th-June 19th six week course  
**Where:** Meredith Community Center Gym  
**Schedule:** Tuesdays 3:30pm-4:30pm  
**Cost:** \$10 Resident \$12 Non Resident  
**Deadline:** May 8th



Payment is due at time of registration. Forms can be found at Community Center and at [www.meredithnh.org](http://www.meredithnh.org)

Please wear comfortable clothing and bring water. This program is co-sponsored by the Meredith Parks and Recreation Department and

Inter-Lakes High School Varsity Volleyball Coach Randy Mattson

## Girls Advanced Volleyball

**Who:** Advanced players, high school varsity & collegiate level

**When:** Tuesdays 6:30-8:00pm a six week session June 26-July 31

**Where:** The Meredith Community Center Activity Center (Gym)

**Cost:** \$10 Meredith Resident \$12 Non Meredith Resident

**Registration:** Parks and Rec registration form is required

You may find registrations online at [www.meredithnh.org](http://www.meredithnh.org) or at

## Advanced Coed Volleyball

**Who:** Advanced players men and women high school +

**When:** Thursday evenings 5:30-8:00pm June 21-September 6th

**Where:** The Meredith Community Center Activity Center (Gym)

**Cost:** \$3 per visit-please sign in and pay at the front desk

**Registration:** A Meredith Parks and Rec registration form is required

You may find registrations online at [www.meredithnh.org](http://www.meredithnh.org) or at the CC

## American Red Cross Swim Lessons

**Age:** Must be 5 years old at the time of class. **Proof of age must be provided at the time of registration. Deadline:** June 29



**Session I:** July 2-July 13 (no class July 4th)  
**Session II:** July 16 – July 27  
**Session III:** July 30 – August 10  
**Where:** Waukegan Beach  
**Schedule:** Program meets 5 days per week on Monday – Friday  
**Fee:** Resident \$20 /child /session Non-Resident \$40 / child /session

### 2012 Waukegan Swim Lesson Schedule

**9:00-9:30**  
Level IV, V, VI, VII  
**9:30-10:00**  
Level III  
**10:00-10:30**  
Level I, II  
**10:30-11:00**  
Inter-Lakes Day Care (PS)  
**11:00-12:00**  
Kidworks Learning Center  
**12:00-12:30**  
Inter-Lakes Day Care (SA)

**Rainy Day Policy for Lessons:** Thunder or lightning will cause lessons to be cancelled. Rain will not cause lessons to be cancelled. Participants must call the beach (707-2558) to find out the status of scheduled lessons. Every effort will be made to conduct classes on schedule.  
**Supervision:** Please note that beach policies are in effect during swim lessons. A responsible person must supervise children at all times.

**PLEASE REGISTER AT THE MEREDITH COMMUNITY CENTER PRIOR TO JUNE 29**

**Level I: *Water Exploration***  
**Objective:** Help students feel comfortable in the water. Skills Introduced: Enjoying the water safely.  
**Level II: *Primary Skills***  
**Objective:** Give students success with fundamental skills. Skills Introduced: Floating without support, recovering to a safe position.  
**Level III: *Stroke Readiness***  
**Objective:** Build on previous skills by providing additional practice. Skills Introduced: Coordination of strokes, treading water, and safe diving.  
**Level IV: *Stroke Development***  
**Objective:** Develop confidence in previous strokes learned and learn/improve other aquatic skills. Skills Introduced: Breaststroke, sidestroke, turning, and working on endurance of previous strokes.  
**Level V: *Stroke Refinement***  
**Objective:** Coordination and refinement of strokes. Skills Introduced: Butterfly, surface dives, open turns, increased endurance of primary strokes  
**Level VI: *Skill Proficiency***  
**Objective:** Polish strokes for ease, efficiency, power, and smoothness over a greater distance. Skills Introduced: Pike and tuck surface dives.  
**Level VII: *Advanced Skills***  
**Objective:** Based on students needs and wants such as lifetime fitness, competition, and aquatic sports. Perfect strokes.

## 4 Year Old T-Ball

**New this year!** If you are interested in helping out, let us know!

**Day:** Tuesdays  
**Dates** May 1st-May 22nd  
**Location:** Upper Fields by Tennis Courts (please park at Prescott Park)  
**Time:** 12:30pm-1:15 pm  
**Picture Day** May 15th  
**Fee:** \$12 Resident \$17 Non Resident  
 In the event of rain-practice will be held in Community Center Gym  
**Registration Deadline: April 24th** Late fee required if paying after the deadline.



Please wear sneakers and comfortable clothing and a glove (gloves available for use if you need one)

## T-Ball

**This program relies on volunteer coaches. Space is limited based on the number of volunteer coaches.**

Please write on registration if you are interested in coaching

### Grade K (or Children currently 5yrs)

**Day:** Mondays and Wednesdays  
**Dates:** April 30 - May 23  
**Location:** Upper Prescott Park  
**Time:** 4:00pm—5:00pm  
**Picture Day:** May 14th weather dependant  
**Fee:** Resident/Taxpayer \$25 Non-resident/Non-taxpayer \$35

**Registration  
Deadline:  
April 23**

### Grades 1 and 2

**Days:** Tuesdays and Thursdays  
**Dates:** May 1 - May 24  
**Location:** Upper Prescott Park  
**Time:** 4:00pm—5:00pm  
**Picture Day:** May 15th weather dependant  
**Fee:** Resident/Taxpayer \$25 Non-resident/Non-taxpayer \$35



Cancellations due to weather: We will make our decision to cancel by 2:00 pm. Please call the school or Community Center after 2:00pm to find out status of the program. CC- 279-8197

## Glenn Hart Memorial Skate Park

**Open April 23rd—October 31st**  
(Skate Park Hours are weather dependent )

**Sunday-Thursday 2:30 pm-6:30 pm**  
**Friday-Saturday 2:30 pm-8:00 pm**

Participants must follow rules and sign in and out at the desk and everyone must wear a helmet. Helmets are available for use. Skate Park is located off Daniel Webster Highway at the Prescott Park Facilities.



## Babysitting Course

Participants will receive professional Red Cross instruction on many different aspects of the babysitter's responsibility. Participants will learn characteristics of children, games, activities, basic care, safety, and first aid. **Please pack a snack and a lunch.**

**Ages:** Must be 11 at the start of class (No exceptions)

**Dates:** Saturday July 21 (Complete Course)

**Time:** 9:00am-4:00pm

**Location:** Meredith Community Center

**Resident/Taxpayer:** \$45.00

**Non-resident/Taxpayer:** \$60.00

**Registration Deadlines:** One week before start of class.

Minimum number of participants (5) must be met to hold this class.



## Men's Pickup Basketball

**Who:** Men ages 18+ years

**When:** Monday nights 6:00-7:45pm

**Cost:** \$1 per visit-please sign in and pay at the front desk

**Where:** Activity Center (Gym)

**Registration:** Registration form required upon 1st visit

## Tennis Lessons

Children and adults of all abilities are invited to join us for our popular tennis lesson program. This program offers a great opportunity to learn a fun, healthy, and lifetime sport.

**Ages:** 4 years and up (including adults)

**Dates:** July 10th –August 1st

**Where:** Upper Prescott Park Tennis Courts

**Schedule:** Tuesdays and Wednesdays

**Cost:** \$60 / Residents \$65 / Non-Residents

### TIME

3:30-4:30 pm

4:30-5:30 pm

5:30-6:30 pm

### AGES

Ages 4-6

Ages 7-15

Ages 16 and Up

(Including Adults)



**Bring:** Racket, sneakers, comfortable attire, and water.

## Kayak Programs

**Quick Start your Kayak-** Ages 13+ This is a three hour course which introduces participants to the basics of kayaking. Designed to give a brief introduction of strokes, maneuvers, self rescue and kayaking safety.

**When:** July 9th (rain date July 10th)

**Time:** 9am-12

**Where:** Leavitt Beach

**Cost:** Resident: \$25 Non-Resident \$30

**Deadline:** July 5th

**What to bring:** Kayak, paddle, life vest, water bottle

**Kayaking for Kids-** Ages 8-12-This two hour class is highly interactive for children. Kids will learn different strokes, practice rescues and discover how to be safe in a kayak.

**When:** July 12th (rain date July 13th)

**Time:** 10am-12

**Where:** Leavitt Beach

**Cost:** Resident: \$25 Non-Resident \$30

**Deadline:** July 5th

**What to bring:** Kayak, paddle, life vest, water bottle

Minimum participation of 3 required — maximum of 5