

LEAD POISONING



New Hampshire
HEALTHY HOMES
& Lead Poisoning Prevention Program

LEAD HAZARDS

Looking for Lead Paint Hazards in Your Home

Lead Paint Hazards

Simple steps can help reduce the lead hazards in your home. Create a barrier between lead hazards and your family.

Lead painted windows are especially dangerous and accessible to children

- Cover deteriorated window paint with duct tape or contact paper
- Keep the lower part of the window closed & only open the top part

Opening and closing doors can produce lead dust and paint chips

- Put felt bumpers on door edges to prevent banging
- Cover edges of door with duct tape
- Remove doors entirely where possible

Baseboards are constantly bumped into and easily reached by children

- Block access to chipped areas with large furniture
- Cover chips and cracks with duct tape or contact paper

Walking causes paint to wear off floors and stairs and can produce lead dust

- Cover floors with area rugs
- Install a runner on stairs to reduce lead dust

People can bring lead dust in from outside on their shoes

- Remove shoes when coming inside
- Put a shoe mat outside to avoid tracking in lead dirt

OLDER HOMES

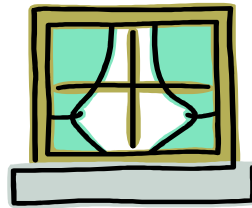
Homes built before 1978 may contain lead paint

Lead paint was banned from residential use in 1978. While not all paint is a lead exposure hazard, the condition or location of lead paint is what puts a child at risk for lead poisoning.

LOOK OUT FOR LEAD

Looking for lead paint in your home

Lead paint was inexpensive, durable and used mostly on:



- Woodwork and trim
- Walls in bathrooms and kitchens
- Doors, windows, baseboards
- Floors and stairs
- Exteriors and porches

MAINTENANCE

Keeping paint in good condition

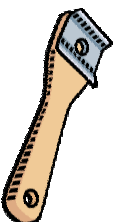
Follow these guidelines to prevent lead hazards in your home:

- Touch up chipping paint in your home
- Avoid paint removal that makes lead dust
- Watch out for moisture which causes paint to deteriorate
- Follow EPA guidelines when doing work on your home
- Look into using certified lead abatement contractors for high risk lead hazards

LEAD SAFE CLEANING

Proper clean up can reduce lead dust in your home

- Wear gloves when working with lead
- Use a spray bottle with all-purpose cleaner & wet wipes
- Use disposable paper towels— sponges will only spread dust
- Only use a HEPA vacuum, do not use a regular vacuum or broom, to clean up lead paint
- Rugs, carpets, and upholstery need to be steam cleaned



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Other Possible Sources of Lead

Though the dangers of lead have been known for years, many common items still contain lead. Here are some sources of lead that may exist in your home.

Home Environment

- Soil near lead industries, roads, lead-painted houses
- Plumbing and solder
- Vinyl miniblinds
- Ceramic floor or wall tiles for kitchens & bathrooms
- Building materials like gutters, flashing & window glazing
- Old fashioned claw-foot bathtubs
- Leaded glass, crystal & pewter
- Lead arsenate pesticide
- Plastic insulation on electrical wiring

Products

- Imported candy & candy wrappers
- Supplements
- Imported cosmetics and hair dye
- Imported crayons
- Some rechargeable batteries
- Metal-cored candle wicks

Mexican/ Central American Home Remedies

- Azarcon- bright orange powder used for treating stomach aches
- Other names for Azarcon are Rueda, Corol, Alarcon, Maria Luisa, Ligo
- Greta - yellow powder used for stomach aches

Asian Indian/Middle Eastern Home Remedies

- Ghasard -brown powder used for stomach aches
- Bala Goli -round black bean dissolved in "gripe water" used for stomach aches
- Kandru -red powder used for stomach aches
- Kohl -powder used for eye make-up & teething

Asian Home Remedies

- Pay-Loo-Ah -Vietnamese red powder used for rashes
- Ba-Baw-San -Chinese herbal medicine used to treat colic

