

Meredith Parks & Recreation 2023/2024 Winter Brochure





Mission Statement

The main goal of the Meredith Parks & Recreation Department is to provide recreational and leisure activities for the community at large, and for people of all ages. This is accomplished by working with the schools, commercial establishments, and community volunteers to create organized programs and self-guided recreational opportunities.

Community Center Hours

Monday—Friday: 8:00am—8:00pm

Saturday: 9:00am—1:00pm

Important Phone Numbers

Community Center 603-279-8197
Town Hall 603-279-4538
Waukegan Beach 603-707-2558
Public Library 603-279-4303
Police Department 603-279-4561

Inter-Lakes Youth Soccer

Sam & Greg Smith 603-707-0104
ilysleague@gmail.com

Cal Ripken Baseball

Dan Curnyn 603-707-2922
Lakesregioncalripenleague.sportngin.com
lakesregioncalripen@gmail.com
Facebook: Lakes Region Cal Ripken
Baseball

Bill Lamper Basketball

Facebook: BLYBL (Inter-Lakes youth
basketball)
blyblbasketball@gmail.com

Parks & Recreation Director

Vint M. Choiniere, CPRP

Program Director

Sarah Perkins

Maintenance Crew Chief

Andy Campney

Town Manager

Troy Brown

Board of Selectman

Steve Aiken

Jeanie Forrester

Lynn Leighton

Jonathan James

Michael Pelczar

PROGRAMS AND EVENTS:

In this brochure you will find the upcoming programs and events for the Meredith Parks and Recreation Department. You may also find this on our website www.meredithnh.org

If you have any comments or ideas for new programs please let us know. We are always looking for ways to improve our programs. You may contact Sarah by phone (603) 279-8197 or email sperkins@meredithnh.org

REGISTRATION INFORMATION

Registration Forms can be found at the Community Center or at
www.meredithnh.org

- Payment is due at the time of registration. (Cash or check only)
- A registration form needs to be completed for each program registration.
- A late registration fee of \$10 for RES/NON RES will be applied if registering after deadline: You will only be accepted if space allows.
- Proof of residency may be required.
- Please indicate on the top of the registration form if you do not want you or your child's picture shared in advertising.
- MPRD reserves the right to cancel or change the premise of any program or event.

FINANCIAL HELP

The Parks and Recreation Department attempts to keep its fees affordable for all residents. If you have an unusual financial situation that limits participation, please contact the General Assistance Office located at the Meredith Town Hall to request assistance at (603) 279-4538.

CANCELLATIONS

The Parks and Recreation Department reserves the right to cancel or consolidate any program that does not meet the minimum participant registration requirements.

REFUNDS

All requests for refunds must be submitted in writing to the Parks and Recreation Department. Refunds are only given if the Parks and Recreation Department cancels the program or for extenuating medical reasons. Refunds will be prorated for medical reasons.

SERVING THE COMMUNITY

The Parks and Recreation Department and staff provide programs for all members of the community. If you or your child have varying needs due to a disability or medical condition and you need more information, please contact us. We welcome your suggestions and will work with you to meet your needs.

Vacation Camps

The Meredith Parks and Recreation Department is proud to offer a safe and fun place for children to be during December, February and April Vacations.

Grades: K-8

December Vacation: 12/26, 12/27, 12/28, 12/29 (4 days)

February Vacation: February 26 - March 1, 2024

April Vacation: April 22 - April 26, 2024

Location: The Meredith Community Center

Deadline: Payment and Registration must be received one week prior to camp or a \$10 late fee will be added.

Program Options:

Full Day	9:00am—4:00pm
Half Day	9:00am—12:30pm or 12:30-4:00pm
Early Drop Off	7:30am—8:45am (separate fee applies)
Late Pick Up	4:00pm-5:30pm (separate fee applies)
Field trips:	Separate fee required

FULL DAY

<u>Resident</u>	<u>Non Resident</u>	
1 Child	\$100/week	\$150/week
2 Children	\$138/week	\$188/week
3+ Children	\$156/week	\$207/week

HALF DAY

<u>Resident</u>	<u>Non Resident</u>	
1 Child	\$50/week	\$75/week
2 Children	\$70/week	\$94/week
3+ Children	\$78/week	\$105/week

Early Drop Off:	\$15/week per family	\$20/week per family
Late Pick Up:	\$15/week per family	\$20/week per family

What to bring:

2-3 snacks and a lunch everyday

Plenty of water

Appropriate clothing for the weather (a change of clothes is recommended)

Sneakers (must have them to participate)

Pick-Up: It is very important that you pick your child up on time. If you are consistently late a late fee of \$5 every 5 minutes will be added to your account.

Space is limited - minimum of 15 & maximum of 50 participants.

Father & Daughter Dance

Girls – grab your dads, step-fathers, brothers, uncles, and grandfathers to come enjoy an evening of fun with the special man in your life! Music, dancing, crafts, dinner and dessert!

When: Saturday February 10, 2024

Time: 5-7pm

Where: Meredith Community Center

Cost: \$20 per couple \$5 per additional child

Pre-registration by 2/2/24



A DAUGHTER IS
ONE OF THE MOST
BEAUTIFUL GIFTS
THIS WORLD HAS
TO GIVE.

-LAUREL ATHERTON



After School Program

Grades: K – 8

Dates: September 5, 2023 - June 18, 2024
(pending snow make-up dates)

Days: Monday – Friday

Time: 3:00 pm – 5:30 pm

Location: Meredith Community Center

Program Fees

Resident fees:

1 Child \$35.00/per week

2 Children: \$50.00/per week

3+ Children: \$66.00/per week

Non Resident fees:

1 Child \$50.00/per week

2 Children: \$66.00/per week

3+ Children: \$81.00/per week



Children will have the opportunity to work on homework as well as participate in active games, arts and crafts, challenge days, field trips and much more. Throughout the year there will be fun opportunities such as cooking, crafts, climbing wall etc... In addition to our regular activities!

A super fun place to send your children after school!

Check out the After School Packet on our website www.meredithnh.org or pick one up at the Community Center today.

A bus will transport all Afterschool students to the Community Center directly after school - Parents must inform the school.

Pick up time is 5:30 pm. If you pick up your child later than 5:30 pm you will be charged \$5 for every 5 minutes late.

This program is separate from vacation camps, full day camps, half day camps and summer camp. All programs require a separate registration form

Full Day Camp

The Meredith Parks and Recreation Department is offering a full day camp on certain scheduled non-school days. Camp is guaranteed to be fun filled!

Grades: K – 8

Dates: 11/22/23, 11/27/23, 1/2/24

Location: Meredith Community Center

DEADLINE: One week prior to the day you wish to attend - a \$10 late fee will be assessed if signing up after the deadline, as space allows. The fee will stand if cancelling less than a week prior.

FULL DAY (9am-4pm)

Resident Fee:

1 Child	\$30.00/day
2 Children	\$40.00/day
3+ Children	\$57.00/day

Non-Resident Fee:

1 Child	\$40.00/day
2 Children	\$52.00/day
3+ Children	\$72.00/day

HALF DAY

9:00am-12:30pm

12:30pm-4:00pm

Resident:

1 Child	\$15.00/day
2 Children	\$20.00/day
3+ Children	\$30.00/day

Non-Resident:

1 Child	\$20.00/day
2 Children	\$26.00/day
3 or more children	\$36.00/day

Early Drop Off Fee: (7:30 am-8:45 am) Resident per Family: \$5.00/day

Non-Resident per Family: \$8.00/day

Late Pick Up Fee: (4 pm-5:30 pm) Resident per Family: \$5.00/day

Non Resident per Family: \$8.00/day

Scheduled Early Release Days

Half day of school, where are the kids? They are at the Community Center! Sign up today - it's easy. Your child will ride the bus to the Community Center and enjoy games, crafts, and outdoor fun.

Grades: K – 8

Dates: 12/22/23 & the last day of school

Time: 12:00pm – 5:30 pm

Location: Meredith Community Center

Resident:

1 Child	\$15.00/day
2 Child	\$20.00/day
3+ Children	\$28.00/day

Non-Resident

\$20.00/day
\$26.00/day
\$35.00/day

Strength & Balance

Meredith Parks & Recreation has partnered up with LRVNA to offer this great class to help adults improve their strength, balance and flexibility at a moderate and comfortable pace. Space is limited as there is a maximum of 40 participants per class.

Winter: January 30 - April 4, 2024

No class: 2/27/24, 2/29/24, 3/12/24

Make-up: 4/9/24 & 4/11/24

Days: Tuesday & Thursday

Time: 11:15am-12:00pm

Where: Meredith Community Center

Fees: \$80 Residents \$90 Non-Residents

1 day per week: \$40 Residents \$45 Non-Residents

Registration form must be completed for each session



Holiday Movie Night

Come join us and watch a fun, family movie on the big screen at the Community Center!



Date: Friday December 15, 2023

When: 6:30pm start - doors open at 6:00pm

Who: Everyone!

Cost: FREE!!! (Donations accepted for future events)

Popcorn & concessions will be sold

Bring chairs, blankets, family and friends and wear your PJ's.

Movie Title: TBD on December 1, 2023



Climbing Wall

Come try out the 26' climbing wall to help beat those mid-winter blues! No experience or equipment needed!

First Friday of each month!

When: 12/1/23, 1/5/24, 2/2/24, 3/1/24, 4/5/24, 5/3/24

Time: 5:30pm-7:30pm

Where: Meredith Community Center Activity Center

Cost: \$3 per child under 10

\$5 per adult

Family rate \$10 per visit

Adult Pick-Up Basketball

Ages: 18+ high school graduates

When: Mondays - ongoing

Where: Community Center

Time: 5:30pm -7:45pm

Fee: \$3.00 per session

Registration form required



Community Skating Party

Join us on the ice at Prescott Park, directly behind the skate park, for an afternoon of FREE family fun! Bring your own skates & dress for the weather! Free hot cocoa and popcorn – feel free to bring a snack to share!

When: Saturday January 20, 2024

Time: 12:00pm-2:00pm*

Where: Prescott Park ice rink

Cost: FREE!



*This event is weather/rink condition dependent – In the event we must cancel we will do so by 5pm on Friday January 19, 2024 and it will be posted on our FB page and our website.

Novice/Beginner Pickleball

This class is intended for beginner players only – these will be gentle Pickleball games – no competition, just fun! All equipment is provided! This is an instructional program, come and play – we will teach you the basics and play some fun games!

Pre-registration is required – minimum: 4 Maximum: 12

When: Mondays

Dates: January 22, 29, February 5 and 12, 2024

Registration opens: Meredith Residents: 12/11/23

Non-Residents: 12/14/23

Where: Meredith Community Center

Time: 9:00am-10:00am

Fee: \$10 Meredith Resident / \$15 Non-Meredith Resident

Intermediate Pickleball

This class is intended for mid-level players who have taken Novice Pickleball looking to practice the game for fun. This is not intended for competitive advanced players!

Pre-registration is required – minimum: 6 Maximum: 24

MPRD reserves the right to change/cancel/adjust the program as needed.

When: Mondays

Dates: December 11, 2023 - March 4, 2024

(No program: 12/25, 1/1, 1/15, 2/19, 2/26)

Registration: Meredith Residents: November 14, 2023

Non-Residents: November 17, 2023

Where: Meredith Community Center

Time: 10:30am-12:00pm

Fee: \$20 Meredith Resident / \$25 Non-Meredith Resident

Advanced Daytime Pickleball

This is a paddleball sport which combines elements of tennis, badminton and table tennis. This fun game is sweeping the nation and is an ideal way for active adults to have fun and stay in shape. Intended for players who have played for years, looking for a more fast paced competitive game.

When: Wednesday and Friday

Where: Meredith Community Center

Time: Group A 9:00am-10:25am Group B 10:30am-12:00pm

Fee: \$35.00 per session Meredith Residents

\$45.00 per session Non-Residents

Cabin Fever: February 7- April 5, 2024 (no 2/28, 3/1, 3/13)

Registration: Meredith residents January 8, 2024

Non-Residents: January 11, 2024

Spring: April 10 - May 31, 2024 (no 4/24, 4/26)

Registration: Meredith residents March 11, 2024

Non-residents March 14, 2024

Evening Adult Pickleball

Come try Pickleball! A fun sport that combines tennis, badminton and ping pong—an activity that everyone can have fun with! It's a great way to get some low impact exercise while having fun!

Ages: Grade 9 - adults

Day: Thursday nights

Where: Meredith Community Center

Winter: February 1, 2024 - March 28, 2024

Registration opens: Meredith Residents: January 2, 2024

Non-Residents: January 5, 2024

Spring: April 4 - May 30, 2024

Registration opens: Meredith Residents: March 4, 2024

Non-Residents: March 7, 2024

Time: 6:00pm-8:00pm

Fee: \$20 Resident/per session \$30 Non-Resident/per session

Ice Skating Rinks

Opening date dependent on weather - call the Community Center for more information (603) 279-8197

Prescott Park Rink

Location: 367 DW Highway
Behind the skate park at the
Athletic Complex

On site: Porta potty, picnic table,
benches, lights for night skating until
10pm



Child's Park Rink

Location: 151 Meredith Center Rd.

On site: Bathrooms, running
water, picnic table,
lighting

Senior Yoga

Yoga is an excellent way for older adults to loosen and stretch painful muscles, reduce stress, and improve circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance.

Instructor: Nancy Stetson

When: Wednesday mornings

Winter session - TBD January 2024

Time: 8:30-9:15am

Where: Room B

Fee: \$25 Resident \$30 Non-Resident



Class is limited to 20 participants per session

Active Senior Programs

Stop in between the hours of 8am-12:00 Monday through Friday in Meeting Room A for some good conversation, read the newspaper over a cup of coffee or play a game of cards with a new friend! Some of the programs we offer for adults also include:

Walk Fit: Monday-Friday 8:00am-8:45am in the gym

Hooks & Needles: Tuesdays 9:30am-11:00am (Knitting etc.)

Game Day: Wednesdays 9:30am-12:00pm

Free Computer Classes: Every other Friday at 9:00am



Parks and Beaches



Childs Park

151 Meredith Center Rd, Meredith.
Playing field, basketball court,
playground, and ice skating rink. Public restrooms are available.

Circle Drive Park

Located on Circle Drive across from the Meredith Community Center.
This small 1 acre partially wooded park provides a peaceful setting for
picnics. No public restrooms available.

Waukewan Highlands Community Park

Located off Parade Road, Route 106. 190 acre managed forest,
3 miles of trails maintained for hiking, jogging, mountain biking, snow
shoeing, cross country skiing, and horseback riding. Also includes an
interpretive trail. Harts Pond is the centerpiece of the area and once
served as Meredith's reservoir. Camping and motorized vehicles
prohibited. Park closes at dusk. No public restrooms available.

Swasey Park

Located on High Street off Main Street. Peaceful 7-acre wooded park,
waterfront on the Waukewan Canal, picnic area, and great place to
explore nature. No public restrooms available.

Prescott Park

367 Daniel Webster Highway, Route 3 N. Lower Prescott Park:
Basketball court, baseball diamond, softball fields, batting cage, ice-
skating rink and skate park. Upper Prescott Park: tennis courts, soccer
fields, baseball diamond, walking loop .43miles/lap. Public restrooms are
available at both Upper and Lower Prescott Park on a seasonal basis.
Parking for upper park located at ILES and ILHS. Park can be accessed
by the North and South trails.

**HIKING MAPS ARE AVAILABLE
ONLINE AND AT THE MEREDITH
COMMUNITY CENTER**

BEACH RULES

NO LIFE GUARDS ON DUTY

- Dogs prohibited.
- Alcoholic beverages prohibited.
- Horseplay will not be tolerated.
- Glass containers prohibited.
- Open fires/coals on beach prohibited.
- A responsible person must supervise children at all times.
- Smoking allowed in designated areas only.
- Be responsible and have fun!

Thank you for helping to keep our beaches clean and safe!



Leavitt Beach

Located on Lake Winnepesaukee - 50 Leavitt Park Rd. off Route 25. Beach, picnic area, barbeque grills, and public canoe/kayak launch. Public restrooms and showers available. *Parking permit needed*

Waukegan Beach

Located on Lake Waukegan - 72 Waukegan Street. Public boat launch within walking distance. Public restroom and showers available seasonally.



Tennis & Pickleball Courts

Tennis Courts are located at Upper Prescott Park. There are 6 tennis courts and 12 pickleball courts, two are lit for night use.

TENNIS COURT POLICY:

- Courts are available on a first come, first served basis.
- Parks and Recreation sponsored activities take precedence.
- A schedule of above events /activities will be posted at courts
- Play is restricted to one hour per party, if there are others waiting.
- Park closes at 10pm.
- Skateboards, bikes, roller blades are not permitted on courts.
- Players are responsible for picking up their litter and keeping the courts clean.

Courts Close for the season November 1st

Parking:

Parking for individuals with disabilities available at the courts. All others need to park at the Lower Prescott Park Parking Lot or at the Elementary School Parking Lot and access the courts by the north and south trails.

2024 Winter Drop In Hours & Policies

This time is intended for the community at large with the following provisions:

Availability is subject to change

Activity Center (Gym)

Tuesday-Friday 12:30-2:30pm

Tuesday night 5:30-8pm

Friday night: 5:30pm - 8pm (Pending Private Bookings)

Saturday: 9am-1pm (Pending Private Bookings)



Game Room Only:

Monday-Friday 8am - 2:30pm & 6pm - 8pm

Saturday: 9am - 1pm

A weekly schedule of additional drop in gym times or changes in schedule will be posted weekly on our website at www.meredithnh.org

Drop In Policies:

1. Grades 6 and under must be accompanied by an adult 18 years or older.
2. Registration form **MUST** be filled out and given to the front desk or you will be asked to leave.
3. Everyone must sign in and out at front desk.
4. Play safe, no hands on activities.
5. Appropriate language only.
6. Be respectful of others belongings and equipment.
7. Follow instructions given by Community Center staff.
8. Students in Grades 7-12 can attend without a parent if a registration form is on file.