

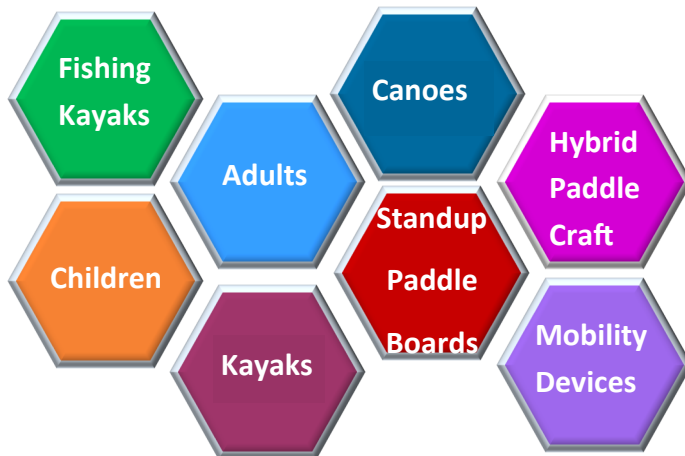


PLEASE DONATE to the MEREDITH ADAPTIVE LAUNCH PROJECT



Offers Access to Lake Winnepesaukee
for all paddlers

- ◆ Able-bodied paddlers love the launch; it offers a simple and dry way to enter the water.
- ◆ Accessibility features benefit those people that may have minor impairments, such as a bad knee or hip.
- ◆ Launch helps families with young children teach them how to enter a kayak and paddle.



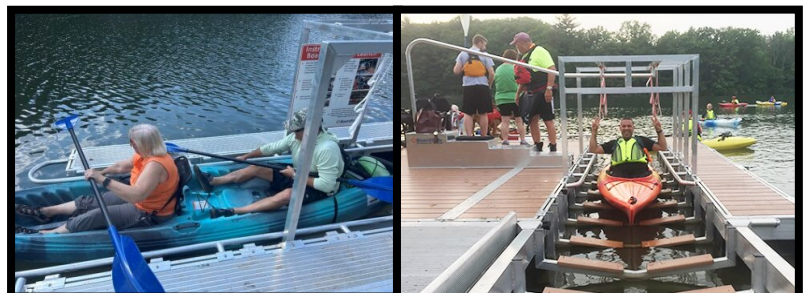
An Adaptive Launch also Supports:

Paddlers who experience the effects of:

- ◆ Neuropathy
- ◆ Joint weakness
- ◆ Arthritis, Strokes
- ◆ Hip and knee replacements
- ◆ Long Covid, Lyme Disease, Cancer
- ◆ Muscle weakness
- ◆ Balance
- ◆ Para and quadriplegia

Paddling: a life long activity

- ◆ Supports social, emotional, physical health
- ◆ Encourages exercise and environmental awareness in children and adults
- ◆ Enables people of all ages and abilities to enjoy nature with and without limited mobility



MEREDITH ADAPTIVE LAUNCH AT LEAVITT PARK

THE ADAPTIVE LAUNCH COMMITTEE IS IN PARTNERSHIP with the Meredith Parks and Recreation Department to increase the accessibility for all at Leavitt Park. Meredith residents are active. Since mobility can affect our ability to enjoy the outdoors, the Meredith Parks and Recreation Department is working to ensure that the entire park is inclusive and accessible to all persons.

THE ADAPTIVE LAUNCH COMMITTEE WILL raise \$58,000 needed to add an adaptive launch. This will enable paddlers of all ages and abilities an easier way to enjoy the paddling opportunities at the north end of Lake Winnepesaukee. Scan the QR code to learn more about the project.



Every gift makes a difference!

Please fill out the donation form or print the form from the Meredith Parks and Recreation website.

Thank You for your support!

For more information: please contact Vint Choiniere, Director Meredith Parks and Recreation Department 603-279-8197 email: vchoiniere@meredithnh.org website: www.meredithnh.org/parks-recreation