Pickleball is a paddle ball sport which combines elements of badminton, tennis and table tennis. Players use a plastic ball and wooden paddles on a badminton size court. This fun game is sweeping the nation and is an ideal way for active adults to have fun and stay in shape.

This program is for the fun of it!! No judgement, no competition, no pressure – play a fun game with others, listen to music, laugh and get a little exercise!

This is a laid back recreational program – if you are looking for a more traditional game – try our daytime program! Beginners contact Sarah sperkins@meredithnh.org to set up a time for a lesson!