I. **PURPOSE:**

This Administrative Regulation has been created to assist Town Employees who are required to hold Commercial Drivers Licenses for their job positions with the town. In order to renew their CDL (Commercial Drivers Licenses), these employees are required to undergo a Department of Transportation (DOT) medical qualification physical examination.

II. **REQUIREMENTS:**

The Town of Meredith requires all employees who hold required CDL’s to complete this DOT medical qualification examination, and pass it, in accordance with State DOT guidelines.

For these employees, failure to pass this physical examination, and/or failure to keep their required CDL certification, current could result in termination of their employment by the Town of Meredith.

Therefore, the Town requires any employee in need of a DOT physical to have their examination completed by a Health and Safety Specialist at the Lakes Region General Healthcare - Occupational Health Department. This LRGH facility is located at 14 Maple Street, Gilford, NH 03249.

Department Heads will assist employees in scheduling their appointment by calling LRGH-OH at (603) 528-5816 to set up the appointment time and date.

III. **COSTS:**

The cost of the DOT physical examination at LRGH Occupational Health will now be billed directly to the Town of Meredith.

Phillip L. Warren, Jr.
Town Manager